

MENTORSHIP & LEARNING: YOUTH SERVING YOUTH

Ages 11 to 18

Trained mentors, who are either in post-secondary education or in the workforce, will be meeting one on one with youth once a month on a Saturday. The youth's mentor will provide guidance and support on the following topics:



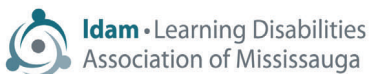
- Goal Setting
- Positive Life/Coping Skills
- Understanding Strengths and Weakness
- Improving Personal Control
- Career Choices/Employment Opportunities
- Studying Strategies
- Healthy Relationships

Session Dates (subject to change)

April 24, 2010
May 15, 2010
June 19, 2010
July 24, 2010
September 25, 2010
October 30, 2010

Time: 12noon to 3pm
Cost: \$20 membership
Bring an additional **\$2** for every meeting
Snacks and refreshments provided

Call 906-272-4100 today to register



165 Dundas Street, West, Suite 400
Mississauga, Ontario, L5B 2N6
Tel: (905) 272-4100
Fax: (905) 272-4863
Email: lphilbert@ldanp.ca

This project has been funded in part by the United Way of Peel Region and the Region of Peel.



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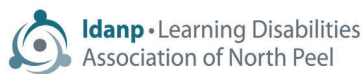
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Session Dates (subject to change)

April 10, 2010
May 8, 2010
June 12, 2010
July 10, 2010
September 18, 2010
October 16, 2010

Time: 12noon to 3pm
Cost: \$20 membership
Bring an additional **\$2** for every meeting
Snacks and refreshments provided

Call 905-791-4100 today to register



150 Central Park Drive, Suite #104
Brampton, Ontario, L6T 2T9
Tel: (905) 791-4100
Fax: (905) 791-5189
Email: lphilbert@ldanp.ca

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MENTORSHIP & LEARNING: YOUTH SERVING YOUTH

Are you between the ages of 11 to 18? Want to make new friends, learn new things and have fun..... Then join the Mentorship & Learning group today! You will be paired with an older youth who will be your mentor. The mentor will



be knowledgeable, a positive role model, and have common interests as you. You will also participate in various recreational activities such as bowling, laser tag, go-kart racing, and much more!

Our Goals!

- Develop self-awareness and self-confidence
- Improve relationships with peers and attitudes towards school
- Promote leadership skills
- Help decrease the stigma of having learning disabilities by maximizing their strengths

- To have fun and learn something new!



IMPORTANT

Youth must commit to all sessions.

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